



# YNCI - TDS CARDIOLOGY

NORTH YORK MEDICAL ARTS BUILDING  
1333 SHEPPARD AVENUE EAST, SUITE 125.  
TORONTO, ONTARIO. M2J 1V1.  
TEL: 416-494-0030 - FAX: 416-494-8611

## APPOINTMENT INFORMATION

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

CANCELLATIONS REQUIRE  
48 HOURS ADVANCE NOTICE

Dr. A. Cheng  
Dr. B. Lubelsky  
Dr. R. Rose

Dr. P. Myron  
Dr. E. Teitelbaum

[www.tdscardiology.com](http://www.tdscardiology.com)



PATIENT NAME: \_\_\_\_\_ . SEX – M / F

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ DATE OF BIRTH: D \_\_\_\_ . M \_\_\_\_ . Y \_\_\_\_ .

HEALTH CARD #: \_\_\_\_\_ . VERSION CODE: \_\_\_\_\_ .

### MYOCARDIAL PERFUSION

1  Stress Myocardial Perfusion (S-MIBI)

2  Persantine Myocardial Perfusion (P-MIBI)

3  Rest Ventricular Function (Rest Muga)

### EXERCISE STRESS TEST

4  Graded Exercise Stress Testing

### ECHOCARDIOGRAPHY

5  Complete Echo / Doppler Study

6  Stress Echocardiogram

7  **Contrast** Echo / Doppler Study

8  **Contrast** Stress Echocardiogram

**Cardiology Consultation request**  
(Provide clinical information)

### AMBULATORY MONITORING

9  24 hour Holter Scan

10  48 hour Holter Scan

11  72 hour Holter Scan

12  7 day Holter Scan

13  Ambulatory BP Monitor.  
**( \$80.00 )**

Referring Physician: \_\_\_\_\_

Copy to other Physicians? \_\_\_\_\_

Physicians Signature: \_\_\_\_\_

**Clinical Info / Reason for test.**

OHIP Billing #: \_\_\_\_\_

Dr's Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone # \_\_\_\_\_ Fax # \_\_\_\_\_

Visit us at [www.tdscardiology.com](http://www.tdscardiology.com)

## **Important General Patient Instructions**

**O.H.I.P. REQUIRES YOU TO BRING YOUR CURRENT HEALTH CARD AND THIS REQUISITION SIGNED BY YOUR PHYSICIAN.**



**PLEASE BRING A CURRENT WRITTEN LIST OF ALL MEDICATIONS AND AN INTERPRETER IF THE PATIENT MAY HAVE DIFFICULTY COMMUNICATING WITH OUR STAFF.**

## **Patient Preparation Instructions**

### **MYOCARDIAL PERFUSION and EXERCISE STRESS TESTING**

Stress Testing Studies Preparation: Appropriate clothing is advised for all exercise studies (soft-soled shoes and shorts / track pants). No solid food within 4 hours of your appointment. No caffeine or “caffeine free” products (including chocolates, soda pop and tea) 24 hours prior to your appointment. **Clear fluids permitted up to 1 hour before appointment time. Diabetic patients on Insulin should inform our staff and we will arrange an early appointment**, allowing you not to eat or take your diabetic medications prior to these procedures. Patients should be off Beta Blockers and Calcium Channel Blockers for 48 hours on the recommendation of the referring physician. For patients with severe asthma and who are on chronic bronchodilators, Persantine Stress studies are contraindicated. Patients undergoing Persantine Studies do not require to be off Beta Blockers and Calcium Channel Blockers. NO prescription Tylenol for 24 hours prior.

Duration: Nuclear Exercise Stress Testing, including Persantine studies, are a two part study lasting approximately 4 ½ hours.

Bring a light snack as you may eat in between the Treadmill / Persantine portion and the second image acquisition. (½ hour duration).

### **Echocardiography / Doppler Studies & Stress Echocardiography with or without contrast.**

Echo / Doppler Studies Preparation: No preparation is required. Duration: 1 hour.

Stress / Echo Studies Preparation: Appropriate clothing is advised for all exercise studies (soft-soled shoes and shorts / track pants). **No solid food within 4 hours of your appointment. No caffeine products (including chocolates, soda pop and tea) 24 hours prior to your appointment. Diabetic patients should inform our staff and we will arrange an early appointment, allowing you not to eat or take your diabetic medications prior to these procedures.** Patients should be off Beta Blockers and Calcium Channel Blockers for 48 hours on the recommendation of the referring physician.

All contrast studies require an intravenous insertion. If you have allergies to PEG (Polyethylene Glycol) call our office prior to coming in.

Duration for Stress Echo Studies: 2.5 hours and slightly longer with contrast agents.

### **Holter Monitoring / Ambulatory BP Monitoring**

Preparation: Patient must make arrangements to return equipment on the morning of the last day of the recording period, typically before noon. Patient should wear a short sleeved shirt or a blouse that buttons up the front. A fee of **\$60.00** (Cash) will be required for use of the Ambulatory BP Monitor. You will not be able to bath or shower with these devices. No extreme activities will be recommended.

Duration: 30 minutes.

### **We are a scent free environment.**

Please refrain from wearing strong cologne or perfumes.

Masks / face shields are required while in our premises.